



Patriot Outreach[®]

“Victory Over Stress[®]”



For All Who Serve[™]”

Patriot Outreach[®] provides simple, effective, non-intrusive support as we work to bridge the gap between those who seek help and the silent majority who avoid the stigma. We also assist in distributing important news, updates, and government reports affecting the health and well being of our nation’s warriors and patriots.

Over 200,000 *Coping Strategies* CDs and downloads have been provided. The most notable bulk requests are the 82nd Airborne Division (5,000), the 91st Division (3,000), Ft. Hood (3,500), Joint Task Force Headquarters (1,500), USO (1,000), and the VFW (8,000).

We, who they serve, need to reach out with education, training and therapy to help them come all the way home. ***Help us get the word out!***



North Carolina Governor
“Patriot Outreach Day”



Fayetteville (Ft. Bragg) Mayor
“Patriot Outreach Day”

SPONSORS AND SUPPORTERS

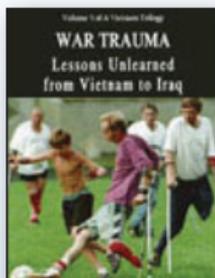


PatriotOutreach.org

Patriot Outreach®

SELF-HELP RESOURCES

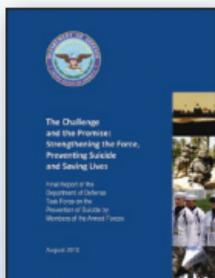
Go to PatriotOutreach.org for additional resources



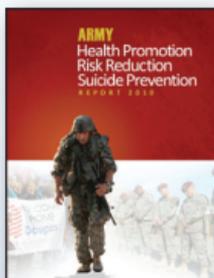
Lessons Learned



Vet's Family Guidelines



DoD Report on Mental Health



Army Health Promotion

From the Battlefield:

"When I returned from Afghanistan last year to a divorce, your CD is what helped me through it. There are soldiers in my unit that need to learn better coping skills."

*SSG K.M., Infantry,
message to Patriot Outreach in
requesting additional CDs*



Army Chief of Chaplains:

Patriot Outreach is a "...great resource for our soldiers. The good thing about such a tool is that it helps our soldiers to begin to think about seeking counsel for any self-destructive thoughts or behaviors."

WE NEED YOUR HELP



Iowa Governor
"Patriot Outreach Day"

