

## Helping Veterans, Current Military, And First Responders Cope With Traumatic Stress

A project of the The American Legion Newport Harbor Post 291 in partnership with Patriot Outreach and "Skipper Tim" Bercovitz

## Saturdays, July 14th, August 18th

The American Legion Newport Harbor Post 291 215 15th Street, Newport Beach 92663 Cross street is West Balboa and 15th Parking location will be given at time of registration

### **Program**

Meet and Greet at 12:30 pm
Orientation and Safety instructions on FAIRWIND
Life jackets will be provided
Leave Marina dock and Sail for 2 - 3 hours
Return to Marina dock between 3 - 5 pm

#### **Reservations**

RSVP to "Skipper" Tim 714-527-0285 by Thursday before each sail date

Contact 951-867-1551 on day of event

Spouses and Children invited

# JOIN US FOR THIS HANDS-ON ADVENTURE HEALING BENEFITS & FREE SAILING EXCURSIONS BRING VETS TO THE WATER



"I had a wonderful time, especially by sharing with other vets. I totally apprecate Newport Harbor American Legion Post 291 and Patriot Outreach for making this experience possible."

Teno Navarro (Army veteran, Vietnam-era) SailingVets project experience (4/14/18)

"There is nothing more relaxing than being out sailing. The water, the waves, the wind and the sun combine to take all your cares away."

--Tim Bercovitz, Skipper of FAIRWIND

If you know of anyone who would benefit from this event, please email Patriot Outreach or Post 291 through their websites.

al291.com / PatriotOutreach.org